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Walking the path that stretches from Battery Park to Chelsea Piers you are stunned at first to see the elegant structure composed of poles and cable rising thirty-two feet high between West Street and the Hudson River. Suddenly you realize there are people moving about near the top of that structure. One of them has just taken hold of a swing and leapt with a cry of glee. Cheers of approval from students and onlookers punctuate your surprise. Could it be? Flying trapeze in New York City!

Trapeze School New York LLC opened in the summer of 2002 at beautiful Hudson River Park just north of Battery Park City. The School of flying trapeze, an instant success, received rave reviews from students, the media and the lower Manhattan community. Set against the bucolic Hudson River with views of the Statue of Liberty and World Financial Centre, Trapeze School New York brings an activity so unique and unexpected it has enchanted even a city renown for the unusual.

This year Trapeze School New York will open in late April and run through October. The school will cater to athletes, thrill seekers, circus fans, children, community groups, corporate groups, and anyone who simply wishes to try something completely different and exhilarating. "Flying trapeze is a metaphor for life," says Trapeze School President Jonathon Conant. "It's an amazing workout and just plain fun."

Using state of the art equipment, Trapeze School New York ensures that your experience will be as safe as it is exciting. With safety harness, safety lines and a wonderfully soft net you are assured security from the moment you leave the ground. And leave the ground you will because waiting twenty-three feet up is the platform from which you will take your nerve rattling plunge.

In your first class, you will be encouraged not only to swing, but also to attempt a knee hang. Just like it sounds, a knee hang is mid-air daring. Legs over the bar and let go with both hands. If you get that far, you can attempt your new trick to the catcher who, with any luck, finds you in mid-air and plucks you from the bar. After a day of this kind of adventure you're exhausted and amazed with what you have done.

In addition to bringing life enhancing activities to NYC, Trapeze School New York has a strong commitment to rebuild NY spirit and community. This year the school will continue donating services to support community-based programs.

Trapeze School New York offers classes for novice to advanced flyers and ranges from \$45.00 to \$65.00 for a two-hour lesson, depending on the time and day. For more information, photos and video or to sign up for classes, visit trapezeschool.com or call 917-797-1872. Observers are always welcome at the school.